

The Irish Dance Parent Association presents
O'Shea Irish Dance Feis

Saturday, April 24, 2021 & Sunday, April 25, 2021

Gangelhoff Center at Concordia University
235 Hamline Avenue, St. Paul, Minnesota 55104

Updates & Information @ www.idpamn.org and on Facebook @OSheaIrishDanceFeis



Member of An Coimisiun le Rinci Gaelacha, Dublin, Ireland

Hosted by **Irish Dance Parent Association (IDPA)**

a 501(c)(3) non-profit organization

Amie Lorence Grubidge, Feis Chair (amielorenceg@aol.com)

Schedule	
7:30 AM	Doors Open at Gangelhoff Center
8:15 AM	Opening Ceremonies
8:30 AM	Competition starts: CHAMPS--Saturday 4/24, GRADES--Sunday 4/25 ***Watch for specific arrival times to be posted, by age group, to stagger entry for compliance with COVID restrictions***

Register @ www.feisworx.com

Accepted until April 9, 2021 or until cap is reached—**200 CHAMPS and 450 GRADES**

Registration Fees	
Solo Competition	\$10.00
Preliminary Championship	\$40.00
Open Championship	\$50.00
Trophy Competition*	\$13.00
	• Shaded BLUE on the syllabus
Event Fee*	\$20.00
	• Includes admittance to the venue and online results
FeisWorx Service Fee*	\$8.25
Family Maximum	\$120.00
Late Fee after April 9*	\$25.00

Additional Registration Information:

- All fees notated with an asterisk (*) are NOT included in the Family Maximum.
- Registrations must be fully paid in order to be considered complete.

- Changes/additions to current registrations can be made online at www.feisworx.com through NOON on Friday, April 9, 2021. A 25\$ late fee will be assessed after that date.
- Registrations must be fully paid in order to be considered complete.
- **Entry fees will not be refunded for any reason.**
- Competitions will be combined in accordance with IDTANA rules whenever possible to increase likelihood of 5+ dancers per competition.
- All results will be available online at www.feisworx.com after the feis.
- **Following state attendance guidelines at the venue, all dancers will be allowed ONE guest to attend to maintain compliance with COVID restrictions.**
- Hotel information can be found on our website and on Facebook: @OSheaIrishDanceFeis

Championship stage will proceed from youngest to oldest dancers, hard shoe first.

Additional O'Shea Irish Dance Feis Rules

1. The Feis Committee has the option of splitting competitions, as necessary.
2. At the discretion of the Feis Committee, stage assignments may change; announcements will be made at the original stage and/or over the public address system. It is the competitor's responsibility to report promptly to the correct stage.
3. It is the responsibility of the dancer to be at his or her stage at the appropriate time for competition. In the event that a dancer is assigned to two or more different stages, it is the responsibility of the dancer to notify the appropriate stage manager of any potential schedule conflict.
4. Competitors must be at their assigned stage ready to compete when their competitions are ready or announced. A competitor may be eliminated from a competition for reporting late. Competitions will be closed when no more competitors are at the stage ready to compete. No competition shall be re-opened except on the sole direction of the Feis Coordinators.
5. Camping is NOT permitted. Please do not cover chairs in spectator seating areas with belongings, as they will be moved to allow spectator seating.
6. All medals/trophies must be picked up on the day of the Feis. Only awards omitted in error will be mailed by the Feis Committee. You must have your competitor card to claim your awards. No exceptions!
7. Any outstanding payment problem will prevent the competitor(s) from competing in the 2022 O'Shea Irish Dance competition.
8. Checks returned by the bank will incur all fees charged for the return.
9. The Feis will strongly encourage adjudicators to dance all competitions two-at-a-time.

**2nd Annual Áine O'Shea Perpetual Trophy
Dance Competition and Celebration**

Open to all OC dancers who place 1st, 2nd, or 3rd in their competition.

Competition will consist of 2 dances:

1. 16-bars, one step down the line of soft shoe
2. 16-bars, one step down the line of hard shoe

All judges will participate. • Awards will be given to the top 3 places.

Competition will take place at end of OC competitions.

Dances shaded in blue are Trophy Dances

FIRST FEIS

The First Feis level has been established for dancers who are competing in their very First Feis. Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

	GIRLS								BOYS							
	U5	U6	U7	U8	U9	U10	U11	O11	U5	U6	U7	U8	U9	U10	U11	O11
REEL	105RL	106RL	107RL	108RL	109RL	110RL	111RL	112RL	155RL	156RL	157RL	158RL	159RL	160RL	161RL	162RL
LIGHT JIG	105LJ	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ	155LJ	156LJ	157LJ	158LJ	159LJ	160LJ	161LJ	162LJ
SINGLE JIG	105SN	106SN	107SN	108SN	109SN	110SN	111SN	112SN	155SN	156SN	157SN	158SN	159SN	160SN	161SN	162SN
SLIP JIG	105SJ	106SJ	107SJ	108SJ	109SJ	110SJ	111SJ	112SJ								

BEGINNER 1 (BEGINNER) All hard shoe dances at traditional speeds.

A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1st of the dancers second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: A Beginner 1 dancer who starts in September may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

	GIRLS									BOYS								
	U5	U6	U7	U8	U9	U10	U11	U12	O12	U5	U6	U7	U8	U9	U10	U11	U12	O12
REEL	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL	255RL	256RL	257RL	258RL	259RL	260RL	261RL	262RL	263RL
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ	255LJ	256LJ	257LJ	258LJ	259LJ	260LJ	261LJ	262LJ	263LJ
SINGLE JIG	205SN	206SN	207SN	208SN	209SN	210SN	211SN	212SN	213SN	255SN	256SN	257SN	258SN	259SN	260SN	261SN	262SN	263SN
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ									

BEGINNER 2 (ADVANCED BEGINNER) All hard shoe dances at traditional speeds.

A dancer who has been dancing for more than one year and who has not won a 1st, 2nd, or 3rd in Beginner 2. A dancer who has won a 1st, 2nd, or 3rd in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

	GIRLS									BOYS								
	U6	U7	U8	U9	U10	U11	U12	U13	O13	U6	U7	U8	U9	U10	U11	U12	U13	O13
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL	356RL	357RL	358RL	359RL	360RL	361RL	362RL	363RL	364RL
LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ	356LJ	357LJ	358LJ	359LJ	360LJ	361LJ	362LJ	363LJ	364LJ
SINGLE JIG	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN	356SN	357SN	358SN	359SN	360SN	361SN	362SN	363SN	364SN
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ									
TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ	356TJ	357TJ	358TJ	359TJ	360TJ	361TJ	362TJ	363TJ	364TJ
HORNPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP	356HP	357HP	358HP	359HP	360HP	361HP	362HP	363HP	364HP
ST PATRICK DAY	306PD	307PD	308PD	309PD	310PD	311PD	312PD	313PD	314PD	356PD	357PD	358PD	359PD	360PD	361PD	362PD	363PD	364PD

NOVICE	All hard shoes dances can be done at either traditional speed or slow speed.
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A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated in Beginner 2. A dancer who wins 1st in a Novice dance must move into Prizewinner in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL	457RL	458RL	459RL	460RL	461RL	462RL	463RL	464RL	465RL	466RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ	457LJ	458LJ	459LJ	460LJ	461LJ	462LJ	463LJ	464LJ	465LJ	466LJ
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ										
TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ	457TJ	458TJ	459TJ	460TJ	461TJ	462TJ	463TJ	464TJ	465TJ	466TJ
HORNPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP	457HP	458HP	459HP	460HP	461HP	462HP	463HP	464HP	465HP	466HP
TRADITIONAL SET	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS	457TS	458TS	459TS	460TS	461TS	462TS	463TS	464TS	465TS	466TS

PRIZE WINNER	All hard shoes dances can be done at either traditional speed or slow speed.
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A dancer moves into Prizewinner as a result of placing 1st as indicated in Novice.

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL	557RL	558RL	559RL	560RL	561RL	562RL	563RL	564RL	565RL	566RL
LIGHT JIG	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ	516LJ	557LJ	558LJ	559LJ	560LJ	561LJ	562LJ	563LJ	564LJ	565LJ	566LJ
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ										
TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ	557TJ	558TJ	559TJ	560TJ	561TJ	562TJ	563TJ	564TJ	565TJ	566TJ
HORNPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP	557HP	558HP	559HP	560HP	561HP	562HP	563HP	564HP	565HP	566HP
TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS	557TS	558TS	559TS	560TS	561TS	562TS	563TS	564TS	565TS	566TS

SET DANCE SPECIAL	
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Limited to dancers qualified to compete in PC level championship competition. U9 group will dance traditional set dance choice as at Oireachtas competition, all other ages will dance non-traditional set dance choice. A dancer who wins 1st place in each of the Open Prizewinner dances (reel, slip jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission (IDTAMA). Boys and girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split

	U9	U10	U11	U12	U13	U14	U15	U16	U17	O17
PC Set Dance	609SD	610SD	611SD	612SD	613SD	614SD	615SD	616SD	617SD	618SD

Preliminary Championship will be judged and scored by all 5 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

	U9	U10	U11	U12	U13	U14	U15	U16	U17	O17
Preliminary Championship	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC

OPEN CHAMPIONSHIPS	
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A dancer who wins two First Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: 48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance. A Feis may elect to have a recall of 50% of the competitors for the set-dance round if there are over 20 dancers in the competition.

Open Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light, heavy, and set) based on the scores of one judge (different for each round).

	GIRLS / LADIES						BOYS / MEN				
	U10	U12	U14	U16	U18	O18	U12	U14	U16	U18	O18
Championship	710OC	712OC	714OC	716OC	718OC	719OC	762OC	764OC	766OC	768OC	769OC

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

OPEN CHAMPIONSHIPS Aine O'Shea Perpetual Trophy Competition

A dancer who wins two First Place, Second Place, or Third Place in their OC competition may participate.

Dancers will perform: 1. 16-bars, one step down the line of soft shoe, and 2. 16-bars, one step down the line of hard shoe

Open Championship Perpetual Trophy competition will be judged by all judges. In addition, awards presented for first, second, and third place overall. A Perpetual Trophy will be awarded to the winner.

900PT

ADULT	Beginner 1 & 2 hard shoe dances will be done at traditional speeds. Novice/Prizewinner hard shoe dances can be done at either traditional or slow speeds	
	BEGINNER 1 AND 2	NOVICE/PRIZEWINNER
REEL	835RL	855RL
LIGHT JIG	835LJ	855LJ
SLIP JIG	835SJ	855SJ
TREBLE JIG	835TJ	855TJ
HORNPIPE	835HP	855HP
TRADITIONAL SET	835TS	855TS

GENERAL FEIS RULES, from *IDTANA: Mid-America Syllabus*

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman. *
 - b) Failure to report on time to compete. (Penalty: disqualification from said event)
 - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.*

*Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitors' performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry.

14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.

15. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).

16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.

17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:

- (a) Must compete in their own age group.
- (b) Must be prepared to perform two steps in each event.

With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.

2. Competitions may be combined with the next higher age group if there are less than 5 competitors entered. Competitions can only be combined up (or down) one age group. Committees may combine three consecutive age groups, in the highest age groups only, when needed to create a competition of five (5) competitors.

3. Boys and girls CANNOT be combined EXCEPT according to the following:

(a) All boys' competitions below Preliminary Championships shall be initially entered in single year age groups; (b) If there are less than 5 entries in any one age group, combination of the competitions shall be done according to the following rules, in order of preferential application:

- (1) Into double All Boys age groups: and
- (2) If a double All Boys age group does not create 5 or more entries, the boys shall instead be combined into the corresponding single year Girls' age group; and
- (3) If the combined Boys and Girls age group still does not create five (5) or more entries, that competition may be combined with as stated in rule #2.
- (4) Any competitions so combined shall be run as a single competition.

4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered (see Rule 2, above). Competitors have the option to remain in the same category for the remainder of the Feis year. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).

5. Grade Levels

- **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
- **Beginner 1 (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
- **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
- **Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.
- **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
- **Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

6. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.

7. The following dance speeds must be adhered to:

SPEED CHART (Listed at bpm)

	First Feis	Beginner	Adv Beginner	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Single Jig	124	124	124	124	124
Slip Jig	122	122	122	113	113
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, ie Treble Reel Competition, etc.
 - (a) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
 - (b) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
3. Preliminary Championships are open to those who, at any recognized Feis:
 - (a) A dancer who wins 1st place in each of the Open Prizewinner dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission.
 - (b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age

category, in the following years. Only in the case of back-to-back feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.

4. A Mid-America region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category.

When there are less than five dancers registered in a particular Open Championship age category, the boys and girls WILL be combined.

5. The boys' open championship age categories will match the girls' open championship age categories.

6. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.

ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.

2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.

3. In matters pertaining to adjudication, the decision of the adjudicators is final.

4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.

5. Championships and Preliminary Championships require at least three adjudicators.

6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

3. Competitors in girl's competitions at the First Feis (if offered), Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.

4. Per CLRG rules tights must be worn with a "blackout" skirt or dress for females aged 14 years and above.

MODESTY RULE

Changing costumes, dressing, and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interest of safety, dancers will not be permitted to walk around the feis scantily dressed.